



child accident prevention trust

# One Step Ahead: (0-24 months)

I might FALL...



0-3 months  
...when you carry me.  
**Clear toys away so you don't trip.**

0-9 months  
...if I roll off the bed.  
**Change my nappy on the floor.**

6-24 months (land over!)  
...from my highchair or pram. **Use a five point harness.**  
...if I climb the stairs. **Use safety gates.**  
...out of the window. **Move things I might climb on away.**  
...out of my cot if I climb on my cot toys. **Take big toys out.**



I might SUFFOCATE or get STRANGLED...



0-12 months  
...in duvets and pillows.  
**Don't use them on my bed.**



10-24 months (land over!)  
...on blind or curtain cords.  
**Tie up blind or curtain cords so there's no hanging loop.**



I might get POISONED...

7-24 months (land over!)  
...if I put medicines in my mouth.  
**Put them out of my reach.**



15-24 months (land over!)  
...if I drink cleaning products.  
**Keep them out of reach and sight. Ideally locked away.**



I might DROWN...



0-24 months (land over!)  
...in only 5 cm of water.  
**Don't leave me alone in the bath.**



10-24 months (land over!)  
...in garden ponds or paddling pools.  
**Don't leave me alone near them.**

I might CHOKE...

0-8 months  
...if you prop me up to feed.  
**Hold me when I feed.**

6-24 months (land over!)  
...on food that's too big or an odd shape. **Please cut it up small.**  
...on small objects, like coins. **Keep them out of my reach.**



I might get BURNT...

0-18 months  
...on hot drinks.  
**Put me down before you pick up yours.**

0-24 months (land over!)  
...if you put hot water in the bath first.  
**Always put the cold in first.**

4-24 months (land over!)  
...if I touch your hot hair straighteners. **Keep them and irons out of my reach.**

7-24 months (land over!)  
...if I grab hot drinks, pots or kettles.  
**Keep them out of my reach.**



This chart shows you when you need to begin to think about risks for children 0-24 months.

We might have a FIRE...

Check our smoke alarms are working.



Plan how we'll escape in a fire and practise what we should do.



Birth → 3 months  
• I can lift my head.  
• I can wriggle and kick.

5 months → 8 months  
• I can roll over, reach for things and put things in my mouth.  
• I can crawl, open and shut things and sit up on my own.

9 months → 10 months  
• I can pick up small things and pull myself up to stand now.  
• I can walk if I hold onto the furniture and may be able to climb.

11 months → 13 months  
• If you hide something from me I still know it's there.  
• I can walk all by myself.

18 months → 24 months  
• I like to be like you and do what you do.  
• I can unscrew lids now.